

## Chemical Peel Owen Sound

Chemical Peel Owen Sound - Chemical peels are a body treatment procedure utilizing chemical solutions on the skin. They are utilized so as to improve and smooth the texture of the skin through a process of causing the dead skin cells to slough off and ultimately peel off. The regenerated, newer skin is generally less wrinkled and smoother than the top layer of skin. Individuals can get these treatments through a plastic surgeon, an esthetician, otolaryngologist or dermatologist. It is advised to seek professional help from amongst the abovementioned health practitioners though, some types of chemical peels are able to be purchased and administered without a medical license.

### Types

There are many types of chemical peels. Alpha hydroxy acid peels or AHAs are one of the most popular types. These are naturally occurring carboxylic acids such as glycolic acid and lactic acid. Glycolic acid is a natural constituent of sugar cane juice. Lactic acid for example can be found in sour milk and tomato juice. These are the mildest of the peel formulas and they are suitable for dry areas, acne, the treatment of fine wrinkles and uneven pigmentation. Some individuals incorporate AHAs into their facial cleanser or moisture cream in lesser concentrations so as to use them as part of their every day skin-care regimen in order to improve the texture of the skin.

The 5 major fruit acids comprise: citrus acids, tartaric acid derived from grapes, glycolic acid from sugar cane, malic acid derived from apples and lactic acid that is derived from milk. There are other alpha hydroxy acids that exist and are also used.

The chemical peels citric acids are typically derived from oranges, pineapples, limes and lemons. These peels are effectual and simple, even though, one treatment is usually not invasive or capable of having significant improvement.

Using glycolic acid helps to create a mild exfoliating action. Formulated from sugar cane, these peels work by loosening the skin's superficial top layer. While it exfoliates the top layer it also stimulates the growth of collagen. These peels can irritate the skin more. Several glycolic peels make use of strontium nitrate so as to decrease skin irritation. This is an ingredient which has a high toxic potential and has been strictly banned in cosmetic use.

Malic acid from apple extracts are another mildly invasive peel, which can open the pores allowing the pores to expel their sebum. This would help reduce acne.

Lactic acid naturally occurs from sour milk or bilberries. This peel promotes healthier skin by removing dead skin cells.

Tartaric acid is derived from grape extract and is capable of delivering the same benefits of the above items. Chemical peels are not indicated for wrinkle treatments. There are various types of peels which are derived from retinoids, like for example: Beta Hydroxy Acid Peels comprising Jessner's Peel, Retinoic Acid Peel Retinoid Acid. This type of facial peel is performed in a plastic surgeon's office. These deeper peels are stronger than beta hydroxy acid peels and are utilized in order to remove wrinkles, scars, pigmentations. Various examples of chemical peels include: phenol peels and trichloroacetic acid peels.

### Chemical Peel Complications

Depending on how deep the peels are the more complications are capable of arising. Chemical peels must be administered by licensed dermatologists because they are so risky. The possible issues include: pigmentary changes, textural changes, prolonged erythema and white heads or millia.