

## Microdermabrasion Owen Sound

Microdermabrasion Owen Sound - Dermatitis Herpetiformis is commonly abbreviated as DH or likewise referred to as Duhring's Disease. It is a chronic skin condition that is characterized by blisters that are filled with a watery fluid. The name itself translates to meaning that it is a skin disorder having an appearance similar to herpes, even though, DH is not caused by or related to the herpes virus. DH was initially described during the year 1884 by Dr. Louis Duhring, therefore the name. In the year 1867, a correlation between celiac disease or gluten intolerance and DH was recognized. In the majority of cases, the age of onset is normally 15 to 40 years, though, DH can also affect children as well as the elderly. Men and women are also affected. The prevalence of DH varies from 1 in 400 to 1 in 10,000.

### Signs

Dermatitis Herpetiformis has a characteristic rash that contains chronic papulovesicular eruptions, that are intensely itchy. This type of rash is usually distributed symmetrically on extensor surfaces like for instance the knees, back of neck, elbows, back and the buttocks. The blisters could range from being up to 1 cm across to extremely small. As this condition is extremely itchy, the need to scratch could be overwhelming. This may cause the individual to actually scratch blisters off before they could be examined by a doctor of medicine. Intense burning sensations or intense itching are occasionally felt prior to blisters appearing in a specific place.

The severity of Dermatitis Herpetiformis can vary eventually if not treated. Normally, the initial symptoms appear in early adulthood, between the ages of 20 and 30 years old. The first obvious symptoms are the tiny vesicles or papules which resemble bumps or blisters. The initial symptoms are intensive burning and itching. Generally, the first blisters appear on the lower end of the spinal column, on the shoulders, along the hairline and at times in the mouth. Rarely, does the rash occur on various mucous membranes other than the mouth or the lips. If gluten ingestion is avoided and the appropriate treatment is given, the signs normally disappear. In various cases, taking oral contraceptives could worsen the symptoms.

The signs of DH tend to come and go, in short periods of time, yet are always chronic. These signs can be accompanied by abdominal pain and tiredness and some indications of celiac disease.

The rash that is caused by DH forms and disappears in 3 stages. Initially, the individual might see a slight discoloration of the skin where the lesions appear. After that, the skin lesions transform into clear vesicles and papules which are likely to happen in groups. The healing stage of the lesions is the last stage of development. Usually this set of symptoms is characterized by a skin color change. This can result in parts of the skin turning darker or lighter compared to the color of the skin somewhere else on the body. Due to the intense itching, individuals normally scratch that could cause the formation of crusts.