

RMT Owen Sound

RMT Owen Sound - Aura Cleansing - Cleansing the auric field could be performed by means of the healers hands or by the use of crystals. The point is to be able to eliminate dark energies or blockages of energy in the auric field. The healer next infuses the aura with light, reshapes and rebalances it and lastly energizes it with positive energy.

BioGenesis - BioGenesis is a method utilizing colored glass wheels so as to harness and transfer the energy of creation itself into your energy body. Typically, a BioGenesis energy healer would frequently have you lie on a table and get into a condition of deep relaxation. She or he positions the small glass wheels on various areas of your physical body so as to anchor the light of creation within your energy body.

Chakra Healing - Chakra energy healing works through opening up the channels that links to your chakra centers clearing out blockages of energy that has been blocked deep in the core of your energy body. This particular energy healing is accomplished in various methods and is can be effectively combined with Emotional Freedom technique tapping and Rapid Eye Movement therapy.

Crystal Healing - Crystal healing practitioners utilize different precious and semi-precious crystals and stones to help balance and heal your energy body and physical body. By combining the vibration frequency of various colored stones along with the vibratory frequency of crystal energy helps attune your energy field to a higher level.

Matrix Energetics - This kind of energy healing was discovered by a Chiropractor named Dr. Richard Bartlett. He designed Matrix Energetics to establish the idea of going beyond the whole concept of a healing problem to source what he calls a solution set. The techniques depend on gentle touch, the two point system archetype, on active imagination, likewise time travel and a set of 21 healing frequencies.

Qigong - Qigong means "energy cultivation" and is literally the "breathing- in" of results. There are four various kinds to Qigong practice consisting of: the focused visualization, active movement, static hold of certain postures and making use of certain tools such as herbs and body manipulations. These techniques are made use of in order to rebalance an support a healthy energy system.

Reiki - Japanese Buddhist Mikao Usui first "discovered" or received - Reiki during nineteen twenty two. Energy healers need to pass through a system of three degree levels. Each level works directly with the energy body. In Reiki, there are a series of set hand patterns over particular parts of the body. Usually, in Reiki there is no physical contact involved even if, several Reiki practitioners may use some light touch over parts.

Shamanic Healing - Shamanic energy healers make use of spirit allies so as to help their healing powers for others. Frequently, a Shamanic healing begins by taking a "visualization journey" whereas the Shaman rapidly beats a drum. In due course, the client and the Shaman are in a trance like state. Once they have both relaxed into the trance state, the Shaman who is normally sitting or lying near the client, would encounter animal totems, angels, spiritual helpers or the client's higher self in order to find the problem inside the energy field and source the energy tools needed to cure the issue.