

## Registered Massage Therapist Owen Sound

Registered Massage Therapist Owen Sound - An energy healer is actually someone who is gifted with working with balancing the energy field that surrounds the human body or animal. The energy field is called different things; traditionally known as the chi, chakras, aura body or the energy body. To an energy healer, the term is not as vital as the effects of working with it.

Healing with energy fields is an essential part to whatever holistic healing plan since the energy fields surrounding our human body and the other objects surrounding us are intimately linked to our whole well-being. Energy work is associated with the gateway of the Spirit. The Body Gateway is associated with physical healing, the Mind Gateway is related to emotional and mental healing and the Spirit Gateway is related with energy healing.

It is commonly believed by various energy healers that all dis-ease originates from and can be healed through working together with the energy body. Like for example, if you have respiratory concerns, you may have a block around your lungs. As soon as an energy healer unblocks that area, your respiratory issues must disappear or decrease.

Energy healers can work in a lot of different ways, according to the system of healing they work with. The basics of whichever healing art would involve re-routing, charging with light, exorcising negative fields and unblocking. Your local spiritual bookstore or metaphysical store might be able to put you in touch with an energy healer if you feel this might be best for you.