

## Rehab Owen Sound

Rehab Owen Sound - EECP therapy is a relatively new outpatient treatment utilized for angina and heart failure. People with heart ailments can find the basic daily activities quite challenging. Activities such as getting the mail or walking the dog can present certain difficulties. If you or somebody you know experiences angina or heart failure, the non-invasive treatment known as EECP therapy can be beneficial. Statistics prove that around 80% of patients who complete the 35 hour course of EECP therapy report substantial symptom relief which could last up to 3 years.

EECP therapy has been proven useful for angina and heart failure treatment. Treatments may be given for an hour a day, up to 5 days a week for as many as 35 hours. A treatment will normally require lying on a table using big blood pressure like cuffs wrapped round your buttocks and legs. At particular times in between your heartbeats, these cuffs deflate and inflate. A continuous ECG or also known as an electro cardiogram is utilized to set the timing. This insures that the cuffs inflate while the heart is in its resting condition where it normally receives its supply of blood and oxygen. The cuffs then deflate at the end of that rest period, just prior to the next heartbeat. The person wears a special sensor on their finger so as to check the oxygen levels in their blood. The sensor also monitors the pressure waves created by the cuff inflations and deflations.